



2022 金沙中國 SANDS CHINA
澳門國際十公里長跑賽
MACAO INTERNACIONAL 10K
MACAO INTERNATIONAL 10K



Rules & Regulations

I. Basic Information

Event Title: 2022 Sands China Macao International 10K

Date: 20 March 2022 (Sunday)

Starting Time: 07:00 (Fun Run)

07:30 (10K)

Organizers: Sports Bureau of Macao SAR Government
General Association of Athletics of Macau

Aim: To boost local sports development, and strengthen bond with other countries that contributes to the promotion of sports tourism of Macao.'

II. Race Information

1. Race events:

1.1. 10K

1.2. Fun Run (approx. 5 km).

2. Race classification:

All race events are classified into male and female categories, with respective age categories as determined by the year of birth of participants:

Year of Birth Category	Male and Female	
	10K	Fun Run
A	1994-2004	2004-2007
B	1983-1993	1983-2003
C	1971-1982	1982 or before
D	1970 or before	-

3. Race quota:

3.1. 6,000 participants for 10K

3.2. 4,000 participants for Fun Run

III. Awards

1. Each race category has a ranking award, each winning participant will be awarded one trophy;
2. Participants who complete 10K will be listed in the general classification of the respective age category;



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3. Awards of each categories will be given as:

Category	10K		Fun Run	
	Male	Female	Male	Female
General	10	10	-	-
A	5	3	3	3
B	5	5	5	5
C	5	3	3	3
D	5	3	-	-
Macao Winners	5	5	-	-

4. Awarded participants of all categories will be given a “Champion Jacket” and it should be used at all times of the awarding ceremonies.
5. Awarded participants should collect trophies on the race day. For those who have not collected the trophy on the race day, he or she should contact the Organizing Committee within one week after the race and should pick up within one month after the race, otherwise it will be considered as renunciation of collection.

IV. Prize Money

1. Prize money will be awarded to participants who have achieved specified results in the 10K

0.1. Prize money for general classification:

The first 10 participants in the general classification of 10K will be awarded the following prize money:

General Classification Prize Money (US\$)	
General Classification	Male and Female
	10K
1	10,000
2	5,000
3	2,500
4	1,500
5	1,000
6	700
7	600
8	500
9	400
10	300



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0.2. Record-breaking Bonus:

The champion of Male and Female categories in 10K will be awarded a record-breaking bonus if the finishing time is faster than the current race record (please refer to the table below):

Prize Money for Breaking records (10K)		
Male	Female	Prize Money (US\$)
00:31:35 (2021)	00:37:24 (2021)	15,000

0.3. Prize money for Macao winners:

The first 5 Macao winners of 10K registered with the Macao Resident Identity Card will be awarded the following prize money:

Prize Money for Macao Winners (MOP)	
Classification	Male & Female
	10K
1	10,000
2	5,000
3	3,000
4	2,000
5	1,000

0.4. Bonus for Breaking Macao Records:

The top Male and Female Macao Athletes in 10K will be awarded a bonus for breaking Macao records bonus if the finishing time is faster than the current Macao record (please refer to the table below):

Bonus for breaking Macao records (10K)		
Male	Female	Prize Money (MOP)
00:34:28 (2021)	00:38:55 (2021)	40,000

- Prize money will only be transferred to the winning participants' bank account after the confirmation of a positive result from the doping test. A Personal Bank Account Information Sheet must also be filled in on the race day for account transfer or telegraphic transfer.

V. Registration

1. Qualification and conditions of registration:

Citizen, holding a valid identification document, of any nationalities that correspond to



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respective age group is eligible to register;

2. Registration method:

- 2.1. Registration can only be processed online, whilst fax and mail etc will not be accepted;
- 2.2. All quotas are assigned on a first come first served basis in accordance to the date and time of a successful registration;
- 2.3. Registration is subject to quota limits, and will be closed once the quota is full.

3. Dates of registration:

Race Events	Date of Online Registration
10K	From 9 am on 12 February 2022
Fun Run	From 9 am on 13 February 2022

4. Online registration:

- 4.1. Visit the official website: www.macao10k.com or scan the registration QR code and follow the guidelines to process the registration;
- 4.2. Registration fee payment is only accepted by means of the following method:

Payment Methods	
Mpay	Alipay (Mainland China)
BOC pay	WeChat Pay (Mainland China)
VISA	UnionPay Online
MASTERCARD	UnionPay Card

- 4.3. Upon completion of registration, the Organizing Committee will issue a “Registration Completion Email” to the applicants as confirmation;
- 4.4. Once the Organizing Committee approves the registration, the applicants will receive a “Race Acceptance Email” and “Race Acceptance Receipt”;
- 4.5. “Race Acceptance Email” and “Race Acceptance Receipt” will be sent within one week after the registration;
- 4.6. All applicants are required to present the “Race Acceptance Email” and “Race Acceptance Receipt” for the collection of the number bib and chip.

5. Registration fee:

Applicants Classification	10K	Fun Run
	(MOP)	
Local Participants (Participant must submit photocopy of Macao SAR Resident ID)	100	50



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Non Local Participants (Participant must submit photocopy of the ID of his/her belonging country/region)	200	70
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6. Change of race events:

- 6.1. The Organizing Committee will only consider permission to change the registered race on special condition, subject to the quota of the desired race category. Alteration will not be accepted when quota is full;
- 6.2. A written request should be submitted for the Organizing Committee's consideration before 28 February 2022, 17:30, stating clearly the reasons for the change of Race Event, which should be accompanied by an administration fee of MOP/HK\$100 (exchange rate difference will not be considered);
- 6.3. If the change is from Fun Run to 10K, payment of the entry fee difference should be made;
- 6.4. If the change is from 10K to Fun Run, the entry fee difference will not be refunded;
- 6.5. The Organizing Committee will evaluate the request, and the administration fee will not be refunded to unsuccessful applicants.

VI. Competition Terms and Conditions:

1. Eligibility for entry:

- 1.1. All participants are required to have received two doses of COVID-19 vaccine at least 14 days in advance, i.e. 6 March 2022, before the race. In addition, participants are required to make their own arrangement for COVID-19 test and to present proof of a valid negative COVID-19 test result (inclusive of race day) before being permitted to take part in the race.
- 1.2. All participants must comply with Macao's Law No. 2/2004 on the Prevention, Control and Treatment of Infectious Diseases, pay attention to and cooperate with the anti-epidemic measures of the Macao SAR Government. For details on epidemic prevention and quarantine requirements upon entry into Macao, please visit the Health Bureau's website (www.ssm.gov.mo) or the Special webpage against Epidemics (www.ssm.gov.mo/PreventCOVID-19). By submitting the registration form, participants clearly understand and agree to cooperate with the anti-epidemic measures of the Macao SAR Government. No cancellation or refund will be allowed for confirmed registrations;
- 1.3. Each athlete can only participate in one race category. Upon confirmation, registration cannot be cancelled and all paid registration fee will not be refunded;



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- 1.4. If the Organizing Committee discovers that a participant registers for another category/race with different data, his/her participation will be cancelled and all paid registration fees will not be refunded;
- 1.5. All quota, number bib and timing chip cannot be exchanged, resold or transferred to other participants under any circumstances; or else, the participants will be disqualified. All paid registration fees will not be refunded.

2. Time limit:

Each race has the following time limit:

Event	10K	Fun Run
Time Limit	1 hour and 40 mins	1 hour and 15 mins
Finish Time	09:10	08:15

3. Course map:

- 3.1. The Organizing Committee will set up several time limit points along the course of 10K and Fun Run and all participants are required to pass through the time limit points. The Organizing Committee reserves the right to stop any participants who do not pass the time limit points before the specified time limit;
- 3.2. The location of the time limit points and the respective time limit will be decided by taking into account the road condition, and the details will be announced before the start of the race. All participants must comply with the time limit;
- 3.3. All sections of the race course will be closed after the time limit as specified in the above point 2;
- 3.4. Participants who cannot complete the courses within the time limit must follow the instruction of the Organizing Committee to leave the course as safety measures for participants will be removed;
- 3.5. The route was certificated by an official AIMS delegate in accordance with the World Athletics regulations.

4. Results:

- 4.1. Participants of 10K and Fun Run will be provided a number bib with a timing chip;
- 4.2. Participants must follow the instructions of the Organizing Committee to wear the number bib with timing chip during the race, in particular that the number bib must be worn on the chest;
- 4.3. Upon receipt of the number bib and timing chip, athletes should check their conditions and keep them safe for the race. In case of damaged, bended or wrongly-placed timing chip, or incomplete results recorded by the chip due to poor maintenance or interference by other personal items, the Organizing Committee reserves the right to disqualify the athlete's result;



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- 4.4. Electronic Chips Timing System is used for the race which provides Official Time (Gun Time) and Personal Times (Chip Time/Net Time) for each participant. Results will be based on the Official Time in accordance with World Athletics standards;
- 4.5. Participants should pass the checkpoints according to the instruction of the Organizing Committee. Should any checkpoint record be deemed incomplete, the participants will not be listed in the general classification and their result will not be counted.

5. Medals and certificates for finishers:

- 5.1. Participants who finished the race within the time limit shall be awarded a medal and a certificate. Participants can download the certificate through the following website: www.marathon-photos.com;
- 5.2. Participants who finished the race within the time limit should present the number bib to collect the medal at the finish line. If the slip on the number bib is missing, the medal will not be provided. Only in exceptional cases, the medals will not be re-distributed;
- 5.3. For those participants who cannot complete the races within the time limit mentioned above, medals and certificates will not be provided, and their results will not be recorded and listed in the general classification;
- 5.4. Number bib and timing chip cannot be exchanged or transferred to other participants under any circumstances; or else, the participants will be disqualified and no certificate will be provided;
- 5.5. Should there be any mistakes found on the certificate, participants are required to contact the Organizing Committee before 21 April 2022 for alteration. Request after that date will not be accepted.

6. Doping control test:

- 6.1. The Organizing Committee will conduct a doping test on 10K. The arrangements are as follows:

Category	10K
General Classification Male & Female	<ul style="list-style-type: none"> • 1st place • Three to be chosen at random from 2nd to 10th place
Macao Winners Male & Female	<ul style="list-style-type: none"> • 1st place • One to be chosen at random from 2nd to 5th place

- 6.2. Any participants who fail to pass the doping control test will have their ranking and prize cancelled;
- 6.3. All male and female participants are required to attend the doping control test in accordance with World Athletics rules.



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7. Appeal:

- 7.1. According to the rules & regulations, any appeals must be reported to the “Technical & Appeal Council” within 30 minutes after the results announcement by filling an appeal form, and the form must be returned within 45 minutes after the results announcement. An appeal fee of MOP800 or US\$100 should be paid together with the appeal form. The Technical & Appeal Council only accepts the appeal application based on the above mentioned procedure; should the appeal be accepted, the appeal fee will be refunded;
- 7.2. Any complaints, comments or appeals that do not fall in the above terms and conditions should be reported to “Referees and Umpires” instead.

8. Safety policies and regulations for participants:

- 8.1. Participants are recommended to have a self-assessment of one’s own health condition for race participation and should undergo full practice before registering for the race;
 - 1.1. The Organizing Committee strongly recommends all athletes to seek doctor’s advice and undergo body check before the race to ensure they are fit to take part in the race. Athletes who are pregnant or have chronic diseases such as heart disease or high blood pressure are not suitable to take part in the race;
 - 1.2. The act of registration implies that the participant declares that his/her health condition is adequate for participating in the race, and that he/she takes full responsibility for any health changes that appear during the race;
 - 1.3. If participants feel unwell during the race, they should inform the nearby staff at once;
 - 1.4. To ensure safety of participants, the Organizing Committee will take measures to keep the course in well order, and participants must comply with the instructions of the staff;
 - 1.5. The Organizing Committee will try their best to secure the safety of participants, and will provide necessary support in case of any accidents or force major occurred during the race. But the Organizing Committee shall not be held liable for any accident including the casualties of the participants, during the race;
 - 1.6. Except for race officials, any person without a valid number bib for the 2022 Sands China Macao International 10K will not be allowed to enter the race course. Violators of this rule will be asked to leave the course immediately;
 - 1.7. Non-OC staff and non-participants (including family members, audience, etc.) should not enter the course due to safety reasons;
 - 1.8. In accordance with Article 6 of the World Athletics Competition Rules, the Organizing Committee shall have the right to disqualify any participants who have been confirmed in any way in receiving foreign assistance on the course;
 - 1.9. Public Liability Insurance is covered by Organizing Committee. Participants are advised to take up their own personal or other insurance policies separately, if necessary.



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1.10. The race may be cancelled if typhoon signal no.3 or above is hoisted, or if a rainstorm signal is still in force in 3:00am on Sunday, 20 March 2022, or any non-attributable factors. Participants should refer to news updates and online announcement. Should the event be cancelled due to circumstances beyond the control the Organizing Committee or in the case of force major, 50% of registration fee will be refunded before 21 September 2022, and the Organizing Committee shall have no further responsibility and/ or liability thereafter.

VII. Facilities and Services

Distance indicators	Signboards are located every 1 km
First aid stations and mobile toilets	Placed along the course
Refreshment Stations	A drinks station will be set up at around the 5km mark where water and sports drinks will be provided. A sponge station will be set up at around the 7.5km mark where water and sponges will be provided. Signboards will be placed 100m before each station.
Finish line area	Supplied with water, sports drinks, banana and chocolate
Facilities	Toilet, changing rooms, shower facilities and storage for personal belongings
Weather	For details, please visit the official website of the Macao Meteorological and Geophysical Bureau https://www.smg.gov.mo/zh/subpage/348/page/252

VIII. Program

Date	Venue	Time	Content
16/03/2022 ~ 18/03/2022	Olympic Sport Centre - Indoor Pavilion (Taipa)	12:00-21:00	Collection of number bib, timing chip, identification wristbands (as part of anti-epidemic measures) and Information to the Participants document upon presentation of registration receipt, ID, COVID-19 vaccination record and proof of negative COVID-19 test results..
19/03/2022	Olympic Sport Centre - Indoor Pavilion (Taipa)	12:00-22:00	
20/03/2022	Sai Van Lake Square (Macao)	06:00	First call for 10K and Fun Run (Sai Van Lake Square will be opened)
		07:00	Start of Fun Run



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		07:30	Start of 10K
	Olympic Sport Centre - Indoor Pavilion (Taipa)	09:30	Award Ceremony for Fun Run
		10:00	Award Ceremony for 10K
		10:30	End of races

IX. Enquiries

Tel : (853) 2823 6363

Email : macao10k@sport.gov.mo

Website : www.macao10k.com

X. Others

1. All the information provided to the participants by the Organizing Committee of the race (including “Notes to the Participants” etc.) will be considered as part of this regulation in all circumstances;
2. All omitted cases will be settled by the Organizer, and in case of doubt, the Organizing Committee reserves the right of making the final decision on the issue in question;
3. By submitting application, participants have agreed to enter into the 2022 Sands China Macao International 10K and have also agreed to abide by conditions of registration and the event, and any instructions given by the Organizing Committee;
4. Participants in the 2022 Sands China Macao International 10K are required to comply with the competition rules of the World Athletics.
